

2026 Alkaline

Tri-District Intergroup, Inc.

600 University Office Blvd. • Suite 14B • Pensacola, FL 32504

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Volume 10, No. 1

Our Three Legacies... Recovery, Unity & Service

Steps, Traditions and Concepts

Step One

"We admitted we were powerless over alcohol — that our lives had become unmanageable."

No other kind of bankruptcy is like this one. Alcohol, now become the rapacious creditor, bleeds us of all self-sufficiency and all will to resist its demands. Once this stark fact is accepted, our bankruptcy as going human concerns is complete.

Tradition One

"Our common welfare should come first; personal recovery depends upon A.A. unity."

THE unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, "What a great thing A.A. might have been!"

Concept One

"The final responsibility and the ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship."

The A.A. groups today hold ultimate responsibility and final authority for our world service — those special elements of over-all service activity which make it possible for our Society to function as a whole. The groups assumed that responsibility as the St. Louis International Convention of 1955. There, on behalf of Dr. Bob, the Trustees and A.A.'s

old-time leaders, I made the transfer of world service responsibility to our entire Fellowship.

Therefore we believe that we see in our Fellowship a spiritualized society characterized by enough enlightenment, enough responsibility and enough love of man and of God to insure that our democracy of world service will work under all conditions. We are confident that we can rely upon Tradition Two, our group conscience and its trusted servants. Hence it is with a sense of great security that we old-timers have now fully vested in A.A.'s General Service Conference the authority for giving shape — through the labors of its chosen Delegates, trustees, and service workers — to the destiny that we trust God in His wisdom is holding in store for all of us.

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Alcoholics Anonymous • Twelve Steps and Twelve Traditions
Twelve Concepts for World Service



AAGRAPEVINE Checklist

The International Journal of Alcoholics Anonymous

Tradition One: Our common welfare should come first; personal recovery depends upon AA unity.

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?



Concept I: Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

- Does our group have a general service representative (G.S.R.)? Do we feel that our home group is part of A.A. as a whole and do our group's decisions and actions reflect that?
- Do we hold regular group conscience meetings encouraging everyone to participate? Do we pass that conscience on to the district, area, or the local intergroup meetings?
- Is the "collective conscience" of Alcoholics Anonymous at work in my home group? In my area?
- Where do we fit in the upside-down triangle of A.A.?
- Are we willing to do what it takes to insure that our democracy of world service will work under all conditions?

This Month in A.A. History...

January 1:

1943: Columbus Dispatch reports 1st Anniversary of Columbus AA

1946: The A.A. Grapevine increased the cost of a year's subscription to \$2.50.

1948: "Columbus Dispatch" reported first anniversary of Central Ohio A.A. Group.

1948: First A.A. meeting was held in Japan, (English speaking.)

1988: West Virginia A.A. began first statewide toll-free telephone hotline.

January 2:

1889: Bridget Della Mary Gavin (Sister Ignatia) was born in Ireland.

2003: Mid-Southern California Archives moved to new location in Riverside.

January 3:

1939: First sale of Works Publishing Co. stock was recorded.

1941: Jack Alexander told Bill Wilson the Oxford Group would be in his Saturday Evening Post article on A.A.

January 4:

1939: Dr. Bob stated in a letter to Ruth Hock that A.A. had to get away from the Oxford Group atmosphere.

1940: First A.A. group was founded in Detroit, Michigan.

1941: Bill and Lois Wilson drove to Bedford Hills, NY, to see Stepping Stones and broke in through an unlocked window.

January 5:

1939: Dr Bob tells Ruth Hock in a letter that AA has "to get away from the Oxford Group atmosphere".

1941: Bill and Lois visited Bedford Hills again.

1941: Bill Wilson told Jack Alexander that Jack was "the toast of A. A. -- in Coca Cola, of course."

January 6:

2000: Stephen Poe, compiler of the Concordance to Alcoholics Anonymous, died.

January 7:

1984: "Pass it On" was published on this date.

January 8:

1938: New York A.A. split from the Oxford Group.

January 10:

1940: Dr Bob tells Ruth Hock in a letter that AA has "to get away from the Oxford Group atmosphere".

1940: 1st AA meeting not in a home meets at King School, Akron, Ohio.

January 12:

1943: Press reported the first A.A. group in Pontiac, Michigan.

January 13:

1988: Jack Norris, M.D., Chairman/Trustees of A.A. for 27 yrs. died.

2003: Dr. Earle Marsh, author of "Physician Heal Thyself," sober 49 years, died

January 15:

1937: Fitz M brings AA meetings to Washington DC.

1941: A.A. Bulletin No. 2 reported St. Louis group had ten members.

1941: Bill Wilson asked Ruth Hock to get him "spook book," "The Unobstructed Universe."

1945: First AA meeting held in Springfield, Missouri.

1945: First A.A. meeting held in Springfield, Missouri.

1948: Polk Health Center Alcoholic Clinic for Negroes started operations with 14 willing subjects. The Washington Black Group of A.A. cooperated with the clinic.

January 17:

1919: 18th amendment, "Prohibition," became law.

January 19:

1940: First A.A. group met in Detroit, Mich.

1943: Canadian newspaper reported eight men met at "Little Denmark," a Toronto restaurant, to discuss starting Canada's first A.A. group.

1943: 1st discussion for starting AA group in Toronto.

1943: Wilson's returned from 1st major A.A. tour started in Oct 24 1943.

1999: Frank M., A.A. Archivist since 1983, died.

January 20:

1954: Hank Parkhurst, author of "The Unbeliever" in the first edition of the Big Book, died in Pennington, NJ.

January 21:

1951: A.A. Grapevine published memorial issue on Dr. Bob.

1954: Hank P who helped Bill start NY office dies in Pennington, New Jersey.

January 23:

1961: Bill W. sent an appreciation letter, which he considered long-overdue, to Dr. Carl Jung for his contribution to A.A.

January 24:

1918: Bill Wilson and Lois Burnham were married, days before he was sent to Europe in WW I.

1945: 1st black group St. Louis

1971: Bill Wilson died in Miami, Florida, only weeks after sending a postcard to Senator Harold Hughes of Iowa, saying he wanted to live long enough to see Hughes become President.

January 25:

1915: Dr. Bob Smith married Anne Ripley.

January 26:

1971: *New York Times* published Bill Wilson's obituary on page 1.

January 27:

1971: The Washington Post published an obituary of Bill Wilson written by Donald Graham, son of the owner of the Washington Post.

January 30:

1961: Dr. Carl Jung answers Bill's letter with "Spiritus Contra Spiritum."

*Other significant things that happened in **January** (no specific date available):*

1938: Jim Burwell, author of "The Vicious Cycle," a former atheist, gave A.A. "God as we understand Him."

1939: 400 copies of manuscript of Big Book circulated for comment, evaluation and sale.

1940: First AA meeting not in a home meets at Kings School, Akron, Ohio.

1942: "Drunks are Square Pegs" was published.

1944: Dr. Harry Tiebout's first paper on the subject of "Alcoholics Anonymous".

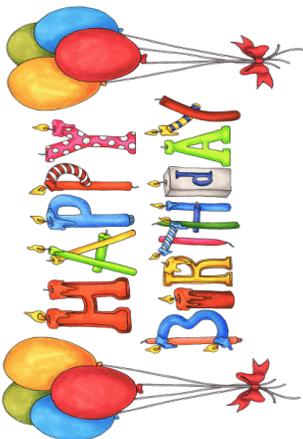
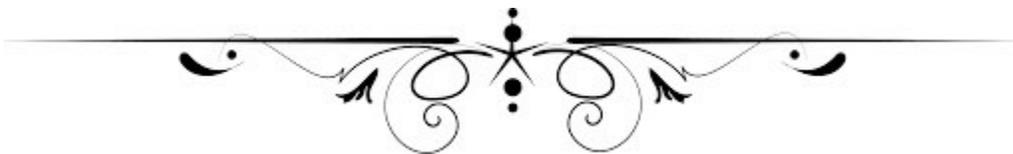
1944: onset of Bill's 11 years of depression.

1946: Readers Digest does a story on AA.

1948: 1st A.A. meeting in Japan

1951: The A.A. Grapevine published a memorial issue on Dr. Bob.

1984: "Pass It On," the story of Bill W. and how the A.A. message reached the world, was published.



Birthday Club - December 2025

Carol V

December 1979

Anyone wishing to becoming a part of the Birthday Club — See page 9 for details.



Winter Alkathon

Sponsored by Al-Anon District 11

Grace Methodist Church
4540 Chumuckla Hwy
Pace, FL 32571

“Sharing the 12 Steps”
January 24, 2026

5:00 pm Fellowship

5:30 pm Dinner

7:00 pm Speakers

Al-Anon Speaker: Sue S • Live Oak
AA Speaker: Alan J. • S.O.S.

This Is A Potluck Event

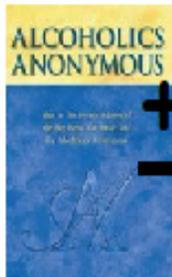
Bring A Covered Dish Or Dessert To Share
Fried Chicken And Salads Are Provided

Sobriety Countdown • Door Prize
50/50 Drawing • Gift Basket Raffles
Fundraising Baskets Welcome!

As a Tri District Event we are fortunate to have the support of our Central Office, feel free to contact them at 550-433-4191 if you have any questions or concerns.

If you'd like to get involved with the Alkathon committee, contact Ruth L. at 321-634-2314 or John W. at 550-723-0697

AAWS Announces:



+\$3.00 BOOK

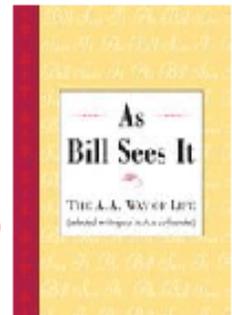
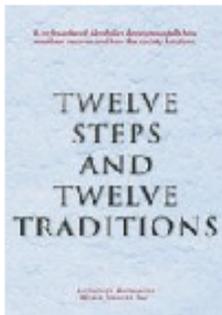
+15% Literature

PRICE

INCREASE!

Effective

**February
2026**



•BREAKDOWNS AND EXCEPTIONS:

Books are defined as any item whose item number begins with **B, SB, or FB**. These items will receive a **\$3** per-item increase.

EXCLUDING :

B-0 (Alcoholics Anonymous Facsimile First Printing of the First Edition, recently reduced to a discounted \$2 USD List Price) B-0 will remain unchanged and is **the only exception** to the book price increase.

B-28 (A.A. for the Older Alcoholic) will receive a 15% price increase.

All other literature items will receive a **15% price increase.**
Literature sets will reflect a **\$3 increase per book.**

**The PI / CPC*
Committee
needs help to
carry the AA
message in the
Tri-District Area**



*Public Information / Cooperation with the Professional Community

**Please join the PI / CPC Committee
as we help fulfill AA's Primary Purpose,
“to stay sober and help other alcoholics to achieve sobriety.”**

Location: Central Office

Address: 600 University Office Blvd, Suite 14B
Pensacola, FL 32504

When: 4th Tuesdays of the month at 6 pm

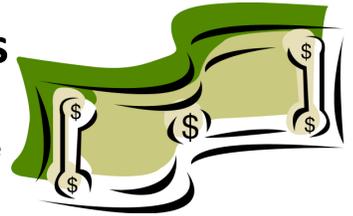
NEXT MEETING - January 27th, 6 pm

What we do:

- Have distributed AA Big Books to public libraries in Escambia and Santa Rosa counties.
- Established a “*Grapevine Blitz*,” where we collected *Grapevine* magazine donations from group members in Districts 13, 21, and 22. We then label the magazines with the Tri-District Central Office contact information. Committee and AA members leave the *Grapevines* in doctor’s offices in the area.
- Post anonymous flyers on the Facebook Forum, *What’s Happening Pensacola*, to



Join the Tri-District Faithful Fivers



"When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with other who still suffer." — Bill W.

Reprinted from The Language of the Heart with permission from the AA Grapevine, Inc.

What are Faithful Fivers?

Faithful Fivers are AA members who contribute at least Five dollars each month to support Tri-District Intergroup AA Central Office to carry the AA message of hope and recovery to those alcoholics who still suffer in the Tri-District Area of Escambia and Santa Rosa Counties. As a Faithful Fiver, your personal contribution can and will make our vital services possible.

The Faithful Fiver idea came about when we remembered we wasted much more than five dollars each month during our drinking days. Your contribution will help Tri-District Intergroup AA Central Office provide the services necessary to carry the message of Alcoholics Anonymous.

Tri-District Central Office

helps carry the AA message to the still suffering alcoholic by coordinating the following services:

- Answers inquiries from those seeking help (suffering alcoholics, sober alcoholics, meetings, groups, professionals and the general public)
- Orders & sells AA literature
- Publishes meeting lists
- Maintains a 12-step list to help the still suffering alcoholic
- Maintains and updates website: www.aapensacola.org
- Acts as an information exchange for all Escambia and Santa Rosa meetings and groups

- Cooperates closely with other AA entities such as GSO New York, General Services, Public Information/Cooperation with Professional Community, Hospitals & Institutions, and Bridging the Gap Committees.

Your Contribution goes directly to supporting these services!

If you want to drink —
That is your business —
If you want to stop drinking —
That's Ours.

Tri-District Central Office
Building 14, Ste 14B
600 University Office Blvd.
Pensacola, FL 32504
(850) 433-4191
www.aapensacola.org

FAITHFUL FIVERS ARE DOING SERVICE WORK!

Yes! Please enroll me as a Faithful Fiver!

Date _____

I will pay Annually (\$60) Quarterly (\$15) Monthly (\$5)

Please email a reminder Email address _____

Here is my contribution of \$ _____ for _____ months.

Name _____

Address _____

City _____ State _____ Zip _____

Phone number _____

Mail to: Tri-District Central Office, 600 University Office Blvd, Ste 14B, Pensacola, FL 32504



You're Invited to join the

Birthday Club

**Birthday Club is when AA members
contribute \$1 per year of their Sobriety
to the Central Office as act of gratitude
and support your local Tri-District Intergroup.**

**All you do is send us your Contribution on your Birthday month
with your sobriety date & home group or mail it in with this sheet
and we will print it in the Newsletter monthly Birthday Club.**

Name

Sobriety Date

Home Group

Jan 2026

Sun Mon Tue Wed Thu Fri Sat

				01	02	03
04 District 22 GSR Mtg 4:00 pm	05	06	07	08	09	10
11	12 Tri-District Intergroup Committee 6:00 pm	13	14	15 Alkathon Committee 6:00 pm	16	17
18	19	20 Tri-District Events Committee 6:00 pm	21	22 District 21 GSR Mtg 6:00 pm	23	24
25	26	27 CPC/PI Committee Mtg 6:00 pm	28	29	30	31