

2026 Alkaline

Tri-District Intergroup, Inc.

600 University Office Blvd. • Suite 14B • Pensacola, FL 32504

APRIL 2026

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Volume 12, No. 4

Our Three Legacies... Recovery, Unity & Service

Steps, Traditions and Concepts

Step Four

"Made a searching and fearless moral inventory of ourselves."

By discovering what our emotional deformities are, we can move toward their correction. Without a willing and persistent effort to do this, there can be little sobriety or contentment for us. Without a searching and fearless moral inventory, most of us have found that the faith which really works in daily living is still out of reach.

Tradition Four

"Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

We had discovered that here was perfect safety in the process of trial and error. So confident of this had we become that the original statement of A.A. tradition carried this significant sentence: "Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group provided that as a group they have no other affiliation."



Concept Four

"At all responsible levels, we ought to maintain a traditional 'Right of Participation', allowing a voting representation in reasonable proportion to the responsibility that each must discharge."

The "Right of Participation" is therefore a corrective of ultimate authority because it mitigates its harshness or misuse. It also encourages us who serve A.A. to accept then the necessary disciplines that our several tasks require. We can do this when we are sure that we belong, when the fact of our "participation" assures us that we are truly the "trusted servants" described in A.A.'s Tradition Two.



AAGRAPEVINE Checklist

The International Journal of Alcoholics Anonymous

Tradition Four: Each group should be autonomous except in matters affecting other groups or AA as a whole.

- 1) Do I insist that there are only a few right ways of doing things in AA?
- 2) Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
- 3) Do I put down other members' behavior when it is different from mine, or do I learn from it?
- 4) Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
- 5) Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?
- 6) Do I share my knowledge of AA tools with other members who may not have heard of them?



Concept IV: At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

- ◆ Do we understand the spiritual principles underlying the “Right of Participation”?
- ◆ What does “in reasonable proportion” mean? Do we understand when it is appropriate for A.A. paid staff to have a vote at the General Service Conference or in our local service structure?
- ◆ Do we expect that, because we are A.A. members, we should be allowed to vote at any group, even if we are not active members of that group?

This Month in A.A. History...

April 1:

1939 - Alcoholics Anonymous AA's Big Book was published.

1940 - Larry J. of Houston, wrote "The Texas Prayer", used to open AA meetings in Texas.

1940 - Larry J. of Houston, wrote The Texas Preamble used to open AA meetings in Texas.

1966 - Sister Ignatia died at the age of 77. She worked with Dr. Bob in treating many early AA members at St. Thomas Hospital in Akron.

1970 - GSO moved to 468 Park Ave. South, NYC.

1984 - 12 Coconuts Group, Kapiolani Park, Waikiki, Hawaii, was founded.

April 2:

1966 - Harry Tiebout, M.D. died.

April 3:

1941 - First Florida AA meeting was held.

1960 - Fr. Ed Dowling, S.J., died. He was Bill W's "spiritual sponsor."

April 4:

1960 - The Chicago Daily News reported that Fr. Edward Dowling, Jesuit Priest who helped start the first AA group in St. Louis, had died at age 62.

April 7:

1941 - Ruth Hock reported there were 1,500 letters asking for help, as a result of the Saturday Evening Post Article by Jack Alexander.

April 10:

1939 - The first ten copies of the Big Book arrived at the office Bill shared with Hank Parkhurst in Newark, New Jersey.

April 11:

1938 - Alcoholic Foundation held its first meeting.

1939 - Marty Mann attended her first meeting at the home of Bill and Lois Wilson in Brooklyn.

1941 - Bill and Lois Wilson moved into their new home, Stepping Stones.

April 12:

1942 - The Windsor Daily Star in Ontario, Canada, reported that over 400 AA's attended a testimonial dinner for Dr. Bob.

April 16:

1940 - A sober Rollie Helmsley caught the only opening day no-hitter in baseball history since 1909.

1973 - Dr Jack Norris Chairman of the AA General Service Board, presented President Richard Nixon with the one-millionth copy of the Big Book at the White House.

2005 - Nancy Flynn (Independent Blond died in Kennett Square PA

April 17:

1941 - 2nd group in Los Angeles, the "Hole in the Ground Group" was formed.

April 19:

1940 - First AA group in Little Rock, Arkansas, was formed.

April 22:

1940 - Bill Wilson transferred his Works Publishing Stock to the Alcoholic Foundation. The date on which Hank Parkhurst transferred his stock is uncertain.

April 23:

1940 - Dr. Bob wrote the Trustees to refuse Big Book royalties, but Bill Wilson insisted on them for Dr. Bob and Anne.

April 24:

1989 - Dr. Leonard Strong died. He was Bill's brother-in-law and an AA Trustee.

1940 - The first AA pamphlet, "AA", was published.

April 25:

1939 - Morgan R interviewed on Gabriel Heatter radio show.

1951 - AA's first General Service Conference was held.

April 26:

1939 - Bill & Lois Wilson moved in with Hank Parkhurst after the bank foreclosed on 182 Clinton St. This was the first of over 50 moves before they acquired Stepping Stones.

April 30:

1989 - The film "My Name is Bill W.," a Hallmark Hall of Fame presentation, was broadcast at 9 p.m. on ABC TV.

Other April events for which we have no specific dates:

1935 - Dr. Silkworth told Bill to quit preaching at drunks & tell them of obsession & allergy.

1940 - The "Texas Preamble" used to open meetings in Texas, was written by Larry J. of Houston.

1940 - The first AA pamphlet was published, entitled simply: "AA."

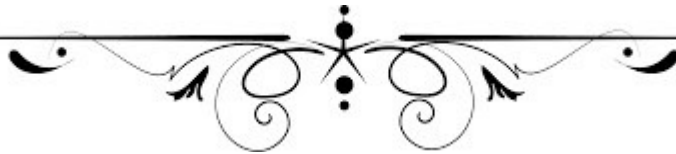
1950 - Saturday Evening Post article "The Drunkard's Best Friend" by Jack Alexander.

1958 - The word "honest" was dropped from "an honest desire to stop drinking," in the AA Preamble.

1960 - Bill Wilson refused to be on the cover of Time Magazine.

1966 - Change in ratio of trustees of the General Service Board; now two thirds (majority) are alcoholic.

1988 - Cybil C., the first woman member in Los Angeles and archivist, died.



Join the Tri-District Faithful Fivers



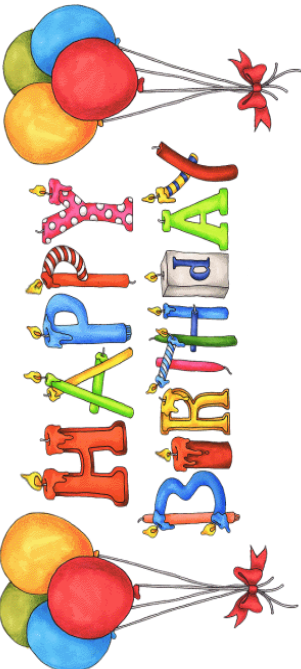
"When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with other who still suffer." — Bill W.

Reprinted from The Language of the Heart with permission from the AA Grapevine, Inc.

**2026
Tri-District
Faithful Fivers**

David C.
Karem A
Lee K

Bill S.
Virginia D.



Birthday Club - March 2026

Karen A.	02/01/2010	Women in Recovery
Terry S.	03/24/1985	
Bill S.	04/09/1987	Page 83

Anyone wishing to becoming a part of the Birthday Club — See page 10 for details.

Spring Alkathon

Hosted by
District 21

Grace Methodist Church
4540 Chumuckla Hwy
Pace, FL 32571

"Stepping Into Growth"

Saturday, April 25, 2026

5:00 pm Fellowship • 5:30 pm Dinner
Speakers start between 6:30-7:00 pm

Al-Anon Speaker: Rob M. • Hickory Shores

AA Speaker: Lee K. • S.E.E.M.

This Is A Potluck Event

*Bring A Covered Dish Or Dessert To Share
Fried Chicken And Salads Are Provided*

**Sobriety Countdown • Door Prize
50/50 Drawing • Gift Basket Raffles
Fundraising Baskets Welcome!**

As a Tri District Event we are fortunate to have the support of our Central Office, feel free to contact them at 850-433-4191 if you have any questions or concerns. If you'd like to get involved with the Alkathon committee, contact Jeanna P. at 850-525-3067 or Fabriczoo1@gmail.com

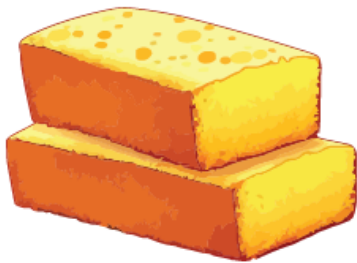


NEW WARRINGTON FELLOWSHIP GROUP

"SOUTHERN RECOVERY IN ACTION"

2PM FELLOWSHIP
4PM SOUTHERN POTLUCK
5:30 SPEAKER, ROBBIE R.

SAT, MAY 2ND



CORNBREAD CONTEST!!



50/50 RAFFLE, BASKET RAFFLES.



605 NORTH 65TH AVENUE • PENSACOLA, FL 32507 • CORNER OF 65TH & JACKSON

PRIDE IN RECOVERY

Speaker Meetings – April!

Andy S
4/10

Brianna L
4/24

• Experience •
• Strength • Hope •

Brianna's Bitchin'
BIG BOOK STUDY!
4/3 & 4/17

Pride in Recovery Meets:
Mon * Wed * Fri * 5pm



PRIDE IN RECOVERY – LAKEVIEW CENTER

1226 W HERNANDEZ ST * PENSACOLA, FL 32501

Same Vibes – New Location – Same Attitude – New Location – Same Spirit – New Location



FOUNDERS' DAY FLORIDA STYLE

Recovery - Unity - Service

June 12, 13, and 14, 2026

TALLAHASSEE AUTOMOBILE MUSEUM

6800 MAHAN DRIVE, TALLAHASSEE, FL 32317

SPEAKERS

Bob B- St Paul, MN (AA)

Patt O- Fullerton, CA (AA)

Kelly B- Tampa, FL (AA)

Clinton J- Santa Rosa Beach, FL(AA)

Ed V- Tallahassee, FL (AA)

Gregory R- Tallahassee, FL (AA)

Linda J- Santa Rosa Beach, FL (AFG)

**JANE D-L., and JAMES L. are our
MC'S FOR THE WEEKEND**

REGISTRATION

**\$30.00 per person, in
advance.**

\$35.00 at the door.

**Registration includes free
admission to the Car
Museum, and
complimentary Saturday
night dinner.**

**Doors open at 4:30 on
Friday, and the first
speaker begins at 5:30.**

**Please join us in our
Ballroom location!**

**SATURDAY NIGHT WILL FEATURE OUR RAFFLE BASKET DRAWING, 50/50, AND
THE SOBRIETY COUNTDOWN**

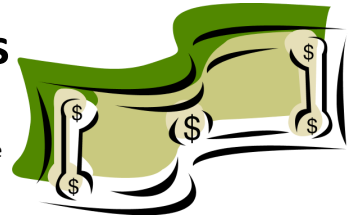
**Register online at www.foundersdayflorida.org Or
mail your registration form to:**

FDFS- 1700 N. Monroe St., Suite 11221 Tallahassee, FL 32303

Name #1 _____	Number of attendees _____ x \$30= \$ _____
Name #2 _____	Scholarship Donation = \$ _____
Home Group _____	City, State _____



Join the Tri-District Faithful Fivers



“When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with other who still suffer.” — Bill W.

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What are Faithful Fivers?

Faithful Fivers are AA members who contribute at least Five dollars each month to support Tri-District Intergroup AA Central Office to carry the AA message of hope and recovery to those alcoholics who still suffer in the Tri-District Area of Escambia and Santa Rosa Counties. As a Faithful Fiver, your personal contribution can and will make our vital services possible.

The Faithful Fiver idea came about when we remembered we wasted much more than five dollars each month during our drinking days. Your contribution will help Tri-District Intergroup AA Central Office provide the services necessary to carry the message of Alcoholics Anonymous.

Tri-District Central Office

helps carry the AA message to the still suffering alcoholic by coordinating the following services:

- Answers inquiries from those seeking help (suffering alcoholics, sober alcoholics, meetings, groups, professionals and the general public)
- Orders & sells AA literature
- Publishes meeting lists
- Maintains a 12-step list to help the still suffering alcoholic
- Maintains and updates website: www.aapensacola.org
- Acts as an information exchange for all Escambia and Santa Rosa meetings and groups

- Cooperates closely with other AA entities such as GSO New York, General Services, Public Information/Cooperation with Professional Community, Hospitals & Institutions, and Bridging the Gap Committees.

Your Contribution goes directly to supporting these services!

If you want to drink —
That is your business —
If you want to stop drinking —
That's Ours.

Tri-District Central Office
Building 14, Ste 14B
600 University Office Blvd.
Pensacola, FL 32504
(850) 433-4191
www.aapensacola.org

FAITHFUL FIVERS ARE DOING SERVICE WORK!

Yes! Please enroll me as a Faithful Fiver!

Date _____

I will pay Annually (\$60) Quarterly (\$15) Monthly (\$5)

Please email a reminder Email address _____

Here is my contribution of \$ _____ for _____ months.

Name _____

Address _____

City _____ State _____ Zip _____

Phone number _____

Mail to: Tri-District Central Office, 600 University Office Blvd, Ste 14B, Pensacola, FL 32504



You're Invited to join the

Birthday Club

Birthday Club is when AA members contribute \$1 per year of their Sobriety to the Central Office as act of gratitude and support your local Tri-District Intergroup.

All you do is send us your Contribution on your Birthday month with your sobriety date & home group or mail it in with this sheet and we will print it in the Newsletter monthly Birthday Club.

Name

Sobriety Date

Home Group

April 2026

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			01	02 District 13 GSR Mtg 6:00 pm	03	04
05 District 22 GSR Mtg 4:00 pm	06	07	08	09	10	11
12	13 Tri-District Intergroup Committee 6:00 pm	14 PI/CPC Committee 6:00 pm	15	16 Alkathon Committee 6:00 pm	17	18
19	20	21 Tri-District Events Committee 6:00 pm	22	23 District 21 GSR Mtg 6:00 pm	24	25
26	27	28	29	30		