



Alkaline

Tri-District Intergroup, Inc.

600 University Office Blvd. • Suite 14B • Pensacola, FL 32504

MAY 2026

(850) 433-4191 • www.aapensacola.org • info@aapensacola.org

Volume 12, No. 5

Our Three Legacies... Recovery, Unity & Service

Steps, Traditions and Concepts

Step Five

“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

Only by discussing ourselves, holding back nothing, only by being willing to take advice and accept direction could we set foot on the road to straight thinking, solid honesty, and genuine humility.

In Alcoholics Anonymous individual freedom is of enormous importance.

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Alcoholics Anonymous • Twelve Steps and Twelve Traditions
Twelve Concepts for World Service

Tradition Five

“Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.”

“Shoemaker, stick to thy last!”...better do one thing supremely well than many badly. That is the central theme of this Tradition. Around it our Society gathers in unity. The very life of our Fellowship requires the preservation of this principle.

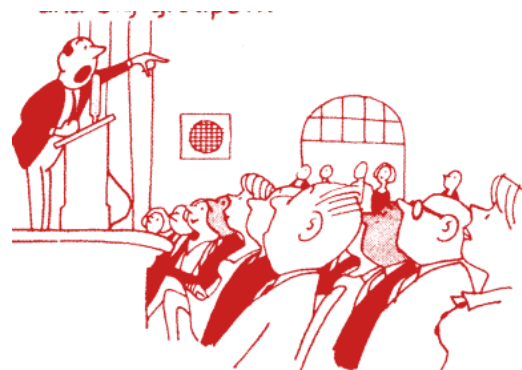
Concept Five

“Throughout our structure, a traditional ‘Right of Appeal’ ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.”

The Rights of “Appeal” and “Petition” of course aim at the total problem of protecting and making the best possible use of minority feeling and opinion. This has always been, and still is, a central problem of all free governments and democratic societies.



Tradition Five: Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.



- 1) Do I ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me”?
- 2) Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
- 3) Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- 4) Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
- 5) Do I help my group in every way I can to fulfill our primary purpose?
- 6) Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?



**I am responsible.
When anyone, anywhere,
reaches out for help, I want
the hand of AA always to be there.
And for that: I am responsible.**

Concept V: Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

- ♦ Do we encourage the minority opinion, the “Right of Appeal,” to be heard at our home group, district committee meetings, area assemblies and the Conference?
- ♦ What does our group accept as “substantial unanimity”?
- ♦ Has our group experienced the “tyranny of the majority” or the “tyranny of the minority”?
- ♦ Does our group understand the importance of all points of view being heard before a vote is taken?

This Month in A.A. History...

May 1

1941 - First Wisconsin AA meeting was held in a Milwaukee hotel.

May 2

1941 - Jacksonville, FL, newspaper reported start of a new AA group.

1941 - First meeting was held in San Bernardino, California.

May 3

1941 - First AA group formed in New Orleans, Louisiana.

1943 - Democrat Chronicle in Rochester, NY, reported first annual AA dinner at Seneca Hotel with 60 attending.

May 4

1946 - Marty Mann explained Alcoholics Anonymous and the National Committee for Education on Alcoholism on the "We the People" radio show.

May 5

1940 - Washington, DC, Sunday Star reported formation of first AA group in the District of Columbia.

May 7

1956 - The first English AA Convention was held in Cheltenham, England.

May 8

1943 - Akron AA group had its 8th anniversary celebration with 500 present and sober.

1971 - Bill Wilson was buried in private ceremony.

May 10

1946 - Searcy W. had his last drink. (Searcy died September 30, 2003.)

May 11

1935 - From the Mayflower Hotel, Bill Wilson called Walter Tunks who referred him to Henrietta Seiberling who introduced Bill to Dr. Bob.

May 12

1935 - Mothers' Day - Bill Wilson and Dr. Bob Smith met for the first time in Akron, Ohio, at the home of Henrietta Seiberling.

May 14

1948 - Long Beach, California. Central Office was opened.

1998 - Sybil C., first woman to enter A.A. west of the Mississippi, died. Her date of sobriety was March 23, 1941. Her name at the time was Sybil Maxwell, though she later opened her talks by saying, "My name is Sybil Doris Adams Stratton Hart Maxwell Willis C., and I'm an alcoholic."

May 15

1961 - Bill Wilson's mother, Emily Strobell, died.

May 16

1941 - Ruth Hock learned that Joe W. (credited with coming up with the name Alcoholics Anonymous) had a "wet brain."

May 17

1942 - The Journal-Herald in Dayton, Ohio, ran a story on A.A. with photos of members in Halloween masks to protect their anonymity.

May 18

1950 - Dr. Bob told Bill "I reckon we ought to be buried like other folks" after hearing that local A.A.'s wanted a huge memorial.

May 19

2000 - Dr. Paul Ohliger died at the age of 83. His story, "Doctor, Alcoholic, Addict," was retitled "Acceptance Was the Answer," in the 4th edition.

May 22

1948 - Atlantic City Group celebrated its second anniversary with Dr. C. Nelson Davis of St. Luke's Hospital, Philadelphia, and other A.A.s speaking.

May 28

1974 - The first World Service meeting of AA outside of America was held in London.

May 29

1980 - "Dr. Bob and the Good Oldtimers," AAWS biography of AA co-founder and a history of early Mid-west AA, was published.

May 31

1938 - Bill and other AA's began writing the Big Book.
Other May events for which we have no specific date:

1939 - Clarence Snyder told Dr. Bob, his sponsor, he would not be back to the Oxford Group meetings in Akron and would start an "A.A." meeting in Cleveland.

1942 - Richmond Walker, author of "Twenty-Four Hours a Day," had his last drink.

1946 - Long Form of Twelve Traditions was published in the AA Grapevine.

1946 - The AA Grapevine announced: "AA has 6,000 members in 180 groups."

1947 - Avalon, California (Catalina Island Group) was formed.

1948 - The AA Grapevine reported \$2.00 was sent to the General Service headquarters of AA in New York, asking for a bottle of Alcoholics Anonymous.

1951 - Al-Anon was founded by Lois Wilson and Anne B.

Join the Tri-District Faithful Fivers

“When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with other who still suffer.” — Bill W.

Reprinted from The Language of the Heart with permission from the AA Grapevine, Inc.

David C.

Lee K.

Karen A.

Tom C.

Bill S.

Carol V.

Mark V.



Anyone wishing to becoming a part of the Birthday Club — See page 11 for details.

Daniel M.

Anonymity Group

4/12/1995

Maggie E.

Awakening Group

3/15/1986

David C.

As Bill Sees It Group

3/28/2020



NEW WARRINGTON FELLOWSHIP GROUP

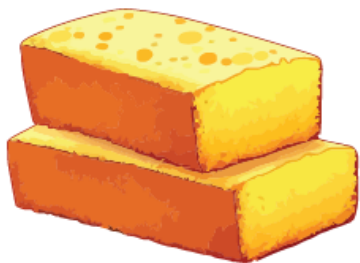
"SOUTHERN RECOVERY IN ACTION"

2PM FELLOWSHIP

4PM SOUTHERN POTLUCK

5:30 SPEAKER, ROBBIE R.

SAT, MAY 2ND



CORNBREAD CONTEST!!



50/50 RAFFLE, BASKET RAFFLES.



605 NORTH 65TH AVENUE • PENSACOLA, FL 32507 • CORNER OF 65TH & JACKSON

PRIDE IN RECOVERY

NEW TIME!

5:30PM MON, WED, FRI

SPEAKER - 5/8 & 5/22

LAURA C - 5/8!

EXPERIENCE -
STRENGTH - HOPE

IT'S COMING
IN MAY!

BRIANNA'S BITCHIN'
BIG BOOK STUDY:
5/1, 5/15, 5/29

PRIDE IN RECOVERY MEETS:
MON * WED * FRI * 5:30PM



PRIDE IN RECOVERY - LAKEVIEW CENTER

1226 W HERNANDEZ ST | PENSACOLA, FL 32501 | PRIDEINRECOVERYPENSACOLA@GMAIL.COM

SAME VIBES - NEW TIME - SAME ATTITUDE -
NEW TIME - SAME SPIRIT - NEW TIME

Tri District presents

Delegate's Report

with Luke Bray

Our Area 1 Delegate

**MAY 17TH, 2026
12PM TO 3PM**

**MEXICAN POTLUCK, BRING A DISH TO SHARE
HOSTED BY GULF BREEZE GROUP
913 GULF BREEZE PKWY #7, GULF BREEZE, FL 32561**

Serenity Group presents...

SERENITY FELLOWSHIP Beach Day

Saturday May 9, 2026

@ Pensacola Beach - Park East

All are
welcome!

BYO CHAIRS & COOLERS
(and whatever you need to enjoy the beach!)

11 to 3

MAP IT!

3 stops past
Portofino Resort



Questions:
Veronica - (520) 265-2280



The **"As Bill Sees It"**
Group is moving!



Effective **Tuesday**

May 5th, 7:00 p.m.

Woodbine Church

5200 Woodbine Rd.

(building to the right of the main church/double glass doors)

Pace, FL 32571

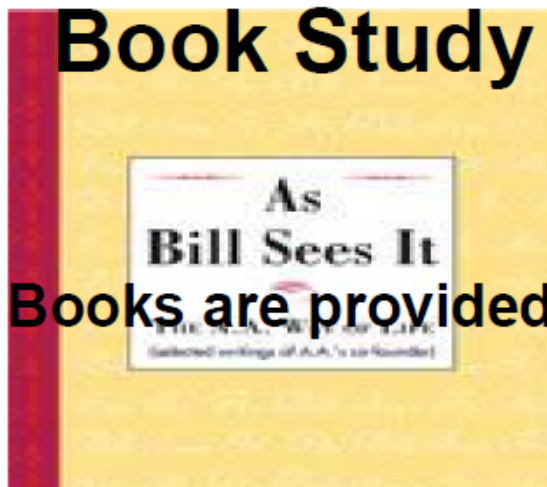


Thursdays 7p.m.
Speaker Meeting



Tuesdays 7 p.m.
"As Bill Sees It"
Book Study

Books are provided





FOUNDERS' DAY FLORIDA STYLE

Recovery - Unity - Service

June 12, 13, and 14, 2026

TALLAHASSEE AUTOMOBILE MUSEUM

6800 MAHAN DRIVE, TALLAHASSEE, FL 32317

SPEAKERS

Bob B- St Paul, MN (AA)

Patt O- Fullerton, CA (AA)

Kelly B- Tampa, FL (AA)

Clinton J- Santa Rosa Beach, FL(AA)

Ed V- Tallahassee, FL (AA)

Gregory R- Tallahassee, FL (AA)

Linda J- Santa Rosa Beach, FL (AFG)

**JANE D-L., and JAMES L. are our
MC'S FOR THE WEEKEND**

REGISTRATION

**\$30.00 per person, in
advance.**

\$35.00 at the door.

**Registration includes free
admission to the Car
Museum, and
complimentary Saturday
night dinner.**

**Doors open at 4:30 on
Friday, and the first
speaker begins at 5:30.**

**Please join us in our
Ballroom location!**

**SATURDAY NIGHT WILL FEATURE OUR RAFFLE BASKET DRAWING, 50/50, AND
THE SOBRIETY COUNTDOWN**

**Register online at www.foundersdayflorida.org Or
mail your registration form to:**

FDFS- 1700 N. Monroe St., Suite 11221 Tallahassee, FL 32303

Name #1 _____	Number of attendees _____ x \$30= \$ _____
Name #2 _____	Scholarship Donation = \$ _____
Home Group _____	City, State _____

May 2026

Sun

Mon

Tue

Wed

Thu

Fri

Sat

					01	02
03 District 22 GSR Mtg 4:00 pm	04	05	06	07 District 13 GSR Mtg 6:00 pm	08	09
10	11 Tri-District Intergroup Committee 6:00 pm	12 CPC/PI Committee 6:00 pm	13	14	15	16
17	18	19 Tri-District Events Committee 6:00 pm	20	21 Alkathon Committee 6:00 pm	22	23
24	25 <i>Office Closed Memorial</i>	26	27	28 District 21 GSR Mtg 6:00 pm	29	30



Join the Tri-District Faithful Fivers



"When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with other who still suffer." — Bill W.

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What are Faithful Fivers?

Faithful Fivers are AA members who contribute at least Five dollars each month to support Tri-District Intergroup AA Central Office to carry the AA message of hope and recovery to those alcoholics who still suffer in the Tri-District Area of Escambia and Santa Rosa Counties. As a Faithful Fiver, your personal contribution can and will make our vital services possible.

The Faithful Fiver idea came about when we remembered we wasted much more than five dollars each month during our drinking days. Your contribution will help Tri-District Intergroup AA Central Office provide the services necessary to carry the message of Alcoholics Anonymous.

Tri-District Central Office

helps carry the AA message to the still suffering alcoholic by coordinating the following services:

- Answers inquiries from those seeking help (suffering alcoholics, sober alcoholics, meetings, groups, professionals and the general public)
- Orders & sells AA literature
- Publishes meeting lists
- Maintains a 12-step list to help the still suffering alcoholic
- Maintains and updates website: www.aapensacola.org
- Acts as an information exchange for all Escambia and Santa Rosa meetings and groups

- Cooperates closely with other AA entities such as GSO New York, General Services, Public Information/Cooperation with Professional Community, Hospitals & Institutions, and Bridging the Gap Committees.

Your Contribution goes directly to supporting these services!

If you want to drink —
That is your business —
If you want to stop drinking —
That's Ours.

Tri-District Central Office
Building 14, Ste 14B
600 University Office Blvd.
Pensacola, FL 32504
(850) 433-4191
www.aapensacola.org

FAITHFUL FIVERS ARE DOING SERVICE WORK!

Yes! Please enroll me as a Faithful Fiver!

Date _____

I will pay Annually (\$60) Quarterly (\$15) Monthly (\$5)

Please email a reminder Email address _____

Here is my contribution of \$_____ for _____ months.

Name _____

Address _____

City _____ State _____ Zip _____

Phone number _____

Mail to: Tri-District Central Office, 600 University Office Blvd, Ste 14B, Pensacola, FL 32504



You're Invited to join the

Birthday Club

Birthday Club is when AA members contribute \$1 per year of their Sobriety to the Central Office as act of gratitude and support your local Tri-District Intergroup.

All you do is send us your Contribution on your Birthday month with your sobriety date & home group or mail it in with this sheet and we will print it in the Newsletter monthly Birthday Club.

Name

Sobriety Date

Home Group
