

2026 Alkaline

Tri-District Intergroup, Inc.

600 University Office Blvd. • Suite 14B • Pensacola, FL 32504

July 2026

(850) 433-4191 • www.aapensacola.org • info@aapensacola.org

Volume 12 No. 7

Our Three Legacies... Recovery, Unity & Service

Steps, Traditions and Concepts

Step Seven

"Humbly asked Him to remove our shortcomings."

The whole emphasis of Step Seven is on humility. It is really saying to us that we now ought to be willing to try humility in seeking removal of our other shortcomings just as we did when we admitted that we were powerless over alcohol, and came to believe that a Power greater than ourselves could restore us to sanity. If that degree of humility could enable us to find the grace by which such a deadly obsession could be banished, then there must be hope of the same result respecting any other problem we could possibly have.

Tradition Seven

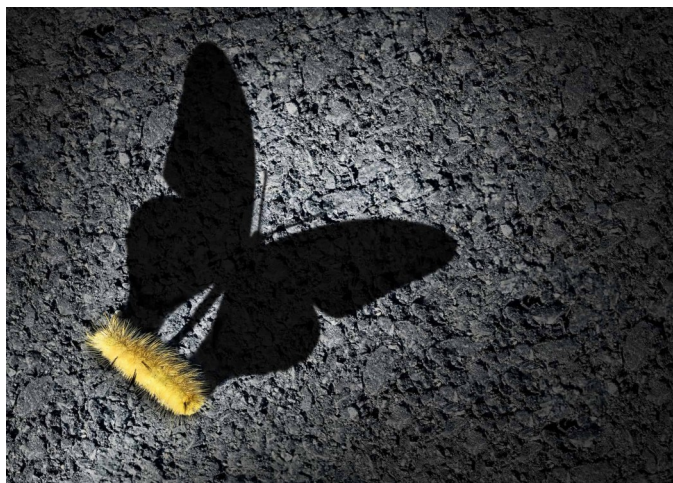
"Every A.A. group ought to be fully self-supporting, declining outside contributions."

We do have to be practical. A group can hardly hold its regular meetings on a street corner, and an empty basket won't fill a coffee urn. As soon as we become active in a group, we learn how many expenses are involved in making its meetings effective. Then our horizons broaden. What about that intergroup or central office so many of us called to ask for help? Phone companies don't give free service. Beyond our own locality, we learn about the A.A. General Service Office and the work it does for groups everywhere. A.A. activity is self-supporting at all levels, and in every case the responsibility comes right back to us, the individual members, for we are A.A.

Concept Seven

"The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness."

This means that the practical power of the Conference will nearly always be superior to the legal power of the Trustees. This superior power in the Conference flows from the powerful traditional influence of the Charter itself. It derives from the large majority of group-chosen delegates in the Conference. And finally, in any great extremity, it would rest upon the undoubted ability of the Delegates to deny the General Service Board the monies with which to operate — viz., the voluntary contributions of the A.A. Groups themselves. Theoretically, the Conference is an advisory body only, but practically speaking it has all of the ultimate rights and powers that it may ever need.



AAGRAPEVINE Checklist

The International Journal of Alcoholics Anonymous

Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?



Concept VII: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

- Do we act responsibly regarding the “power of the purse”?
- Do we realize that the practical and spiritual power of the Conference will nearly always be superior to the legal power of the G.S.B.?

This Month in A.A. History...

June 29- July 2:

1995 - 56,000 attend 60th Anniversary of AA in San Diego. What a party!

July 1-3:

1960 - 8700 attend 25th Anniversary of AA in Long Beach, CA

July 2

1965 - Best of Bill and Pocket-Sized 12 and 12 1st sold

1965 - 1st La Vigne, Canadian Grapevine Published

1993 - 50 years of AA celebrated in Canada

2000 - 20 Millionth Big Book given to Al-Anon in Minneapolis

July 2-3:

1955 - Bill W turns "the fellowship over to the fellowship" at 4:00 PM, 5000 attend 20th Anniversary at our St Louis Convention

July 2-4:

1965 - 10,000 attend 30th Anniversary of AA in Toronto. There we came to own our Responsibility Declaration

July 4:

1939 - 1st AA meeting started in Flatbush, NY

July 3-5:

1970 - 10,900 attend 35th Anniversary of AA in Miami. Bill W gave his last talk to AA

July 3-6:

1980 - 22,500 attend 45th Anniversary of AA in New Orleans First true marathon meeting was held here

July 4:

1999 - He who has a fifth on the fourth may not come forth on the fifth...

July 4-6:

1975 - 19,800 attend 40th Anniversary of AA in Denver Worlds largest coffee server serves 1/2 million cups a day

July 5:

1985 - AA gives Ruth Hock 5,000,000th Big Book during 50th AA Anniversary in Montreal, Canada

1990 - AA gives Nell Wing 10,000,000th Big Book during 55th AA Anniversary in Seattle, WA

July 3-6:

1980 - Gay AA's have own program at 40th AA Anniversary in New Orleans

July 5-7:

1985 - 45,000 attend 50th Anniversary of AA in Montreal. House of Seagrams flew their flags at half mast for 3 days

July 7:

1940 - Bill attends 1st Summer Session at School of Alcohol Studies at Yale University

July 5-8:

1990 - 48,000 attend 55th Anniversary of AA in Seattle. 75 countries were represented as the former Soviet Unions members attended for the first time

July 8:

1940 - 1st AA Group formed in Dayton, Ohio

July 10:

1941 - Texas newspaper publishes anonymous letter from founding member of Texas AA Group

July 14:

1939 - Blythewood Sanitarium Dr Harry Tiebout gives Big Book to Marty M. who promptly throws it back at him

1979 - Dr. Ernest Kurtz publishes NOT-GOD, History of AA

July 16:

1965 - Frank Amos AA Trustee dies

July 20:

1941 - First AA group formed in Seattle, Washington

July 22:

1877 - William Duncan Silkworth born in Brooklyn, NY
1980 - Marty M. early AA woman and founder of NCADD dies

July 23:

1940 - Philly AA's send 10% of kitty to Alcoholic Foundation, sets precedent
1943 - New Haven Register CT reports arrival of AA's to study with E. M. Jellinek
1943 Esther C., passed Jan 15, 2005, sober since July 23, 1943.

July 24:

1943 - L.A. press reports formation of all-Mexican AA Group

July 28-30:

1950 - 1st AA Convention celebrates 15th Anniversary of AA in Cleveland

July 31:

1972 - Rollie H dies sober in Washington DC - July 31, 1972



Join the Tri-District Faithful Fivers

"When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with other who still suffer."

2026 Tri-District Faithful Fivers

Carol V.
Mark V.
David C.
Karen A.
Michael D.
Lee K.



Birthday Club – July 2026

Renee McC 07/08/1988

Anyone wishing to becoming a part of the Birthday Club — See page 13 for details.



TRI-DISTRICT INTERGROUP, INC.

Gratitude Banquet

Saturday, November 7, 2026

Hilton Garden Inn Pensacola

1144 Airport Blvd. • Pensacola, Florida 32504

- 5:30 PM - Fellowship
- 6:15 PM - Dinner
- 7:45 PM - Sobriety Countdown
- 8:00 PM - Speaker

*GIVE
Thanks
WITH A
GRATEFUL
heart*

A.A. Speaker

Stephanie F., Pensacola, FL

(Serenity Group, Gadsden St., Pensacola, FL)



Dinner Service with Choices of

- Steak Bearnaise
- Chicken A'la Orange
- Mushroom Ravioli

\$40 PER PERSON — GRATUITY INCLUDED

- Evening Attire
- 50/50 Raffle — 50% to the Winner/50% to Central Office
- Basket Raffle — 100% Proceed to GSO
- Tickets available from Intergroup Reps & Central Office

*Seating limited... tickets from Intergroup Reps/Central Office
must be purchased by Friday, October 23rd*



New Location!

Gadsden Street United Methodist Church - 901 E Gadsden St, Pensacola, FL 32501

Summer Alkathon - Hosted by District 22

"Freedom in Sobriety"

Saturday, July 25, 2026

5:00 pm Fellowship - 5:30 pm Dinner

Speakers start between 6:30-7:00 pm

Al-Anon Speaker: *Sue S.* -Live Oak

AA Speaker: *Hector Z.* -New Warrington FG



This is a Potluck Event

Bring a Covered Dish or Dessert to Share - Fried Chicken and Salads are Provided

Sobriety Countdown · Door Prize
50/50 Drawing · Gift Basket Raffles
Fundraising Baskets Welcome!

As a Tri-District Event we are fortunate to have the support of our Central Office,
please feel free to contact them at 850-433-4191 if you have any questions or concerns.

If you'd like to get involved with the Alkathon committee, contact
Jeanna P. at 850-525-3067 or Fabriczool@gmail.com



1776 - 2026





SATURDAY, JULY 11TH

**NEW WARRINGTON FELLOWSHIP GROUP
HAS A NEW HOME- COME HELP US CELEBRATE!**

2:00 FELLOWSHIP

4:00 POTLUCK

PLEASE BRING A DISH OR DESSERT TO SHARE!

5:30 SPEAKER, NICOLE L.

**TOWN & COUNTRY PLAZA, SUITE C, NEAR CITI TRENDS
CORNER OF PACE BLVD. & FAIRFIELD DR.**

As Bill Sees It

Thursday Night Speaker Meeting

July 2026 Speakers:

7/2/26 - Stephanie W. (*Early Risers - Navarre*)

7/9/26 - Carol V. (*BPV International - Zoom*)

7/16/26 - Frank N. (*Powerless - FWB*)

7/23/26 - Mark V. (*Obviously AA – Pensacola*)

7/30/26 - Helen H. (*Harbor Town – Gulf Breeze*)

Please come and join us!!

At Our NEW Location!

Thursday Nights from 7:00PM to 8:00PM-ish

at:

Woodbine Church

5200 Woodbine Rd.

Pace, Florida 32571

PRIDE IN RECOVERY AA

IT'S HOT OUTSIDE.
C❄OL OFF IN RECOVERY.

Connection. Hope. Freedom.



★ SPEAKER MEETINGS ★

JULY 3 – RICKY B
JULY 17 – TELL YOUR STORY
JULY 31 – ALAN H

— *Experience Strength Hope* —



**BRIANNA'S
BITCHIN' BIG BOOK STUDY**
JULY 10 AND JULY 24



PRIDE IN RECOVERY MEETS:
MONDAY, WEDNESDAY
AND FRIDAY
AT **5:30 PM**



LAKEVIEW CENTER
1226 W. HERNÁNDEZ STREET
PENSACOLA, FL 32504

Different Colors. One Recovery. Same Freedom.

★ TOGETHER WE GROW. ★ TOGETHER WE HEAL. ★ TOGETHER WE THRIVE. ★



COME AS YOU ARE.
LEAVE BETTER
THAN YOU CAME.

—  —
*Cool minds.
Clear hearts.
Stronger together.*



Living in the Solution

with Steps 10, 11 & 12

Workshop presented by District 21

Grace Methodist Church

4540 Chumuckla Hwy, Pace, FL

Saturday, October 3, 2026

9 am – 1 pm

Special Guest:

Area 1 Delegate, Luke Bray



**Meat and Salads
provided**
**Please bring sides &
Desserts**

**Drawings for
Grapevine Literature**
**Tools & Prompts for
Steps 10 & 11**

July 2026

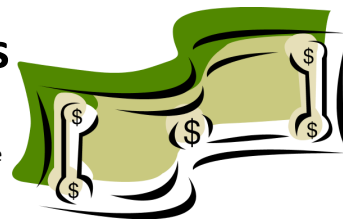
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			01	02 District 13 GSR Mtg 6:00 pm	03 Office Closed For July 4 Holiday	04 
05 District 22 GSR Mtg 4:00 pm	06	07	08	09	10	11
12	13 Tri-District Intergroup Committee 6:00 pm	14	15	16 Alkathon Committee 6:00 pm	17	18
19	20	21 Tri-District Events Committee 6:00 pm	22	23 District 21 GSR Mtg 6:00 pm	24	25
26	27	28	29	30	31	



Join the Tri-District Faithful Fivers

"When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with other who still suffer." — Bill W.

Reprinted from The Language of the Heart with permission from the AA Grapevine, Inc.



What are Faithful Fivers?

Faithful Fivers are AA members who contribute at least Five dollars each month to support Tri-District Intergroup AA Central Office to carry the AA message of hope and recovery to those alcoholics who still suffer in the Tri-District Area of Escambia and Santa Rosa Counties. As a Faithful Fiver, your personal contribution can and will make our vital services possible.

The Faithful Fiver idea came about when we remembered we wasted much more than five dollars each month during our drinking days. Your contribution will help Tri-District Intergroup AA Central Office provide the services necessary to carry the message of Alcoholics Anonymous.

Tri-District Central Office

helps carry the AA message to the still suffering alcoholic by coordinating the following services:

- Answers inquiries from those seeking help (suffering alcoholics, sober alcoholics, meetings, groups, professionals and the general public)
- Orders & sells AA literature
- Publishes meeting lists
- Maintains a 12-step list to help the still suffering alcoholic
- Maintains and updates website: www.aapensacola.org
- Acts as an information exchange for all Escambia and Santa Rosa meetings and groups

- Cooperates closely with other AA entities such as GSO New York, General Services, Public Information/Cooperation with Professional Community, Hospitals & Institutions, and Bridging the Gap Committees.

Your Contribution goes directly to supporting these services!

If you want to drink —
That is your business —
If you want to stop drinking —
That's Ours.

Tri-District Central Office
Building 14, Ste 14B
600 University Office Blvd.
Pensacola, FL 32504
(850) 433-4191
www.aapensacola.org

FAITHFUL FIVERS ARE DOING SERVICE WORK!

Yes! Please enroll me as a Faithful Fiver!

Date _____

I will pay ☐ Annually (\$60) ☐ Quarterly (\$15) ☐ Monthly (\$5)

Please email a reminder ☐ Email address _____

Here is my contribution of \$_____ for _____ months.

Name _____

Address _____

City _____ State _____ Zip _____

Phone number _____

Mail to: Tri-District Central Office, 600 University Office Blvd, Ste 14B, Pensacola, FL 32504



**Birthday Club is when AA members
contribute \$1 per year of their Sobriety
to the Central Office as act of gratitude
and support your local Tri-District Intergroup.**

**All you do is send us your Contribution on your Birthday month
with your sobriety date & home group or mail it in with this sheet
and we will print it in the Newsletter monthly Birthday Club.**

Name

Sobriety Date

Home Group
